



Consumer Advisory Council Meeting
Tuesday, September 8, 2020 | 4:30 p.m. – 6:00 p.m.
Broward Behavioral Health Coalition
Virtual Meeting via Microsoft Teams

Agenda

- I. Welcome & Introductions**
- II. Approval of August 11, 2020 Meeting Minutes**
- III. Presentation(s)**
Deferred
- IV. Board/Co-Chair Announcements**
 - CAC Member Seats additions and removals
 - Peers Unplugged | 2nd & 4th Wednesday 3-4:30pm Virtually
This is a support group for Peers working in the community.
 - Suicide Prevention Month
 - Broward Recovery Month, September 25th 6:30pm
- V. SOS Forms**
 - No Forms submitted
- VI. Member Announcements**
 - Rebel's Drop-in Center
 - 9 Muses Drop-in Center
 - SFWN Recovery Community Organization (RCO)
 - Open
- VII. Old Business**
 - Upcoming presentations
- VIII. Public Comments**
- IX. Adjournment**

Next Meeting: Tuesday, October 13, 2020 | 4:30 p.m. – 6:00 p.m. | Virtually-Microsoft Teams



Consumer Advisory Council Meeting
Virtual Meeting via Microsoft Teams
Tuesday August 11, 2020 | 4:30 p.m. – 6:00 p.m.
Broward Behavioral Health Coalition
Microsoft Teams Meeting-Virtual
Minutes

Chair: Susan Nyamora

Present: Marni Mandel, Casey Harrison, Sandra Reyes, Patrice Walker, Marc Esko, Laura Diaz de Arce, Nikitress Williams, Holly Tillman, Christine Hillard, Rachel Landry, Miguel Alfaro, Sarah Covey
Guest: Gail Suskind Assidon, Basilisa Perkins, Gregor Fraser

I. Welcome & Introductions

Ms. Susan Nyamora called the meeting to order at 4:45 p.m. Attendance was taken via brief self-introduction.

II. Approval of Meeting Minutes

Mr. Marc Esko made a motion to approve the June 7, 2020 meeting minutes with no corrections. The motion was seconded by Ms. Laura Diaz de Arce and the minutes were unanimously approved.

III. Presentation(s)

Nova University:Smoking Cessation

Ms. Gail Suskind Assidon presented Nova University's Smoking Cessation Program and explained what it offers the community. The program helps smokers to quit stop smoking by offering education classes showcasing its affects on the body and other consequences. Due to COVID-19, the classes are available.

IV. Board/Co-Chair Announcements

- Peers Unplugged | 2nd & 4th Wednesday 3-4:30pm, virtually

Ms. Susan Nyamora reported that Peers Unplugged will reconvene virtually every 2nd and 4th Wednesday of the month from 3-4:30pm.

This is a support group for peers working in the community.

- RSA Updates

The Recovery Self Assessments (RSAs) are being deferred due to COVID-19.

- Overdose Awareness | August 31,2020

Ms. Nyamora reported that South Florida Wellness Network will be hosting a virtual event for Overdose Awareness on August 31, 2020. The event will be live streamed on 30 different platforms..

V. SOS Forms

- No forms were submitted.

VI. Member Announcements

- Rebel's Drop-in Center

No updates were given.

- 9 Muses Drop-in Center

Ms. Laura Diaz de Arce reported that the 9 Muses Drop-in Center returned to offering virtual classes due to the increase of COVID-19 cases. Classes that are of no cost have become available to anyone in the community. Individuals can sign up for the art classes via skype on there website: 9musesartcenter.org

- SFWN Recovery Community Organization (RCO)

Ms. Susan Nyamora reported that South Florida Wellness Network has been able o deliver food and other necessities to individuals in need.. Although the wellness center is not open, virtual classes are available. The volume of referrals has increased, causing the number of virtual classes to decrease.

- Open

Mr. Miguel Alfaro reported that BARC continues to have services available by appointment only due to COVID-19. Their detox facility is at half capacity and the- MAT program is accessible to anyone interested in the program.

VII. Old Business

No old business.

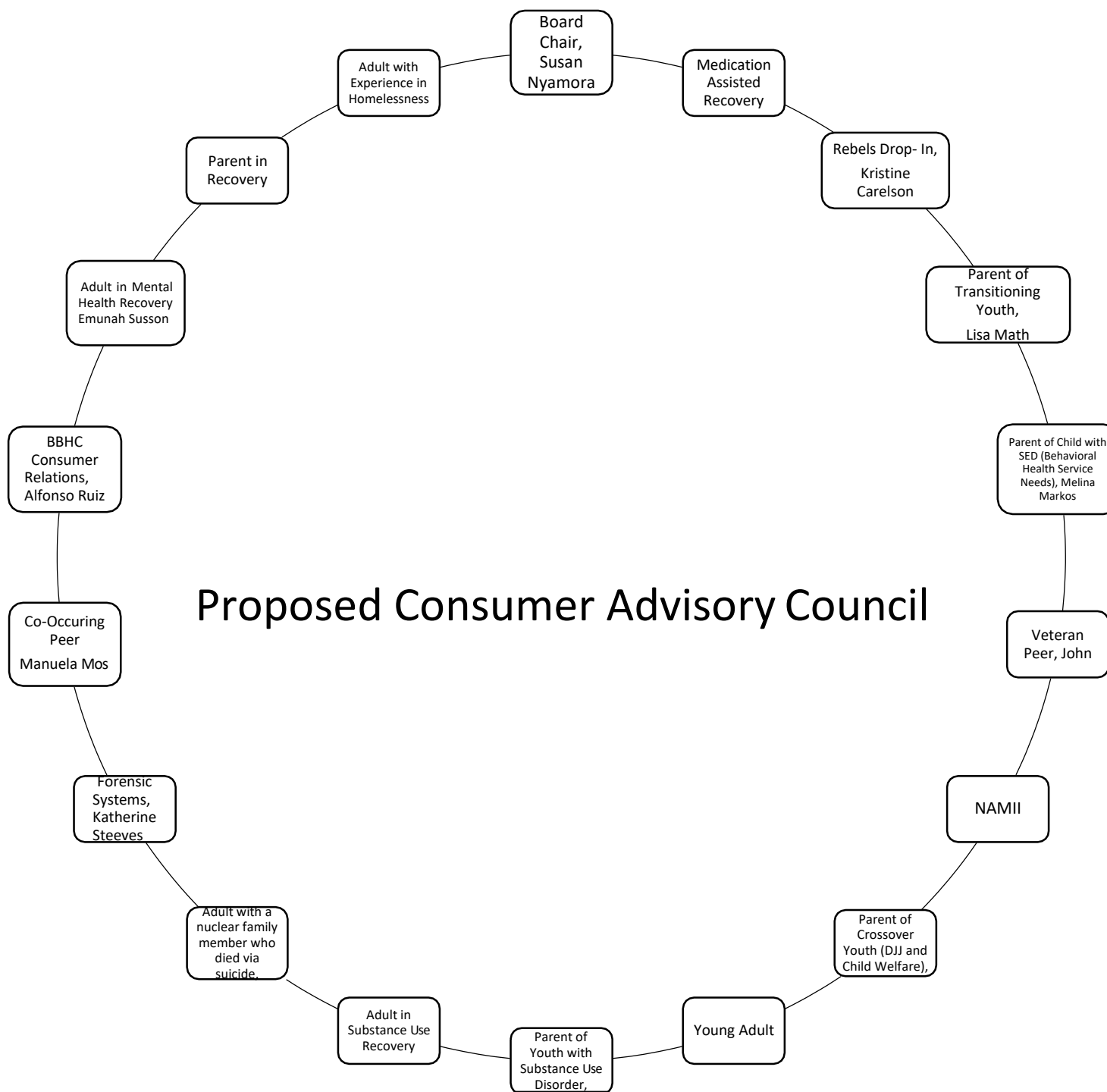
VIII. Public Comments

No public comments.

IX. Adjournment

The meeting adjourned at 5:30 p.m.

Next Meeting: September 8, 2020 from 4:30-6pm via Microsoft Teams



Proposed Consumer Advisory Council

Board Chair,
Susan
Nyamora

Medication
Assisted
Recovery

Rebels Drop- In,
Kristine
Carelson

Parent of
Transitioning
Youth,
Lisa Math

Parent of Child with
SED (Behavioral
Health Service
Needs), Melina
Markos

Veteran
Peer, John

NAMII

Parent of
Crossover
Youth (DJJ and
Child Welfare),

Young Adult

Parent of
Youth with
Substance Use
Disorder,

Adult in
Substance Use
Recovery

Adult with a
nuclear family
member who
died via
suicide.

Forensic
Systems,
Katherine
Steeves

Co-Occuring
Peer
Manuela Mos

BBHC
Consumer
Relations,
Alfonso Ruiz

Adult in Mental
Health Recovery
Emunah Susson

Parent in
Recovery

Adult with
Experience in
Homelessness